



**Rape leaves
its mark**

Every rape is an emergency – you have a right to help!

The emergency room offers initial medical care and confidential forensics – even without a report.

Your health and well-being come first! Medical care should be provided promptly, even if you have no visible injuries.

In many Munich clinics (*for addresses see website at the bottom right*) you can also have forensic traces secured confidentially, even without reporting the crime to the police. This will give you time to make a decision for or against it.

Doctors are subject to a duty of confidentiality. Without your consent, they are not allowed to pass on any information. The secured traces are stored confidentially. If you later wish to press charges, inform the police about the forensics. If no report is made, the traces will be destroyed after 6 months.

The most important information at a glance:

- Get medical care!
- Forensic traces can be secured within the first 72 hours (3 days). You decide whether you want this.
- Even if it is difficult, do not shower before the examination!
- If knockout drops are suspected, everything has to go very quickly. Many substances can no longer be detected after 6 to 12 hours.
- You can be accompanied by a trusted person.
- Take notes on the sequence of events.
- Contact a counseling center for supportive discussions.

Addresses of hospitals and more information:

[frauennotruf-muenchen.de/erste-hilfe](https://www.frauennotruf-muenchen.de/erste-hilfe)

Women's Emergency number in Munich:

089 - 76 37 37

